



ESTABLISHED 1929

**MEMORIAL GROUND
STAMFORD ROAD, WEST BRIDGFORD
NOTTINGHAM NG2 6GF**

Club Changing Policy

These guidelines apply to the arrangements to be made for adults and children using changing facilities.

If children are uncomfortable changing or showering at the Club, no pressure should be placed on them to do so. They are advised to change and shower at home.

For children under the age of 18 playing in adult teams the following policy applies

- Adults will NOT change or shower at the same time, using the same facility as children. If the same changing room is used then they must have different changing times

If adults and children need to share a changing facility, they must do so at different times

- Mixed gender teams must have access to separate male and female changing rooms
- Due to the risks of inappropriate photography or filming, mobile phones must NOT be used in the changing rooms

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