



ESTABLISHED 1929

MEMORIAL GROUND
STAMFORD ROAD, WEST BRIDGFORD
NOTTINGHAM NG2 6GF

Covid - 19 Plan for Open - Age Cricket Matches (Senior Games)

At Adbolton Lane

Applicable to Players & Spectators

Before Activity

Check for symptoms of COVID-19. If you are symptomatic and/or living in a household with a possible COVID-19 infection you should remain at home and follow UK Government guidance.

Follow UK Government guidance on shielding and protecting people who are clinically extremely vulnerable from COVID-19 if it applies to you.

Personal hygiene measures should be carried out at home before and after cricket activity.

Bring your own hand sanitiser where possible and practice strong hand hygiene at all times.

Bring your own chair / picnic blanket, we will not be providing any furniture for your use.

Bring your own refreshments, drinks and food, the clubhouse will NOT be open

Follow UK Government guidance on public transport or car sharing.

Our Clubhouse will **not** be open, **however there will be limited toilet facilities**. If you do need to use them, all we ask is that you wipe down after use, (wipes will be provided)

For advice on reducing the risk of infection when outside your home please visit the 'Staying Safe Outside Your Home' pages on gov.uk.

On arrival at the club you will be required to complete an attendance register, which will ask for your contact details for contact tracing if required. We will keep this information for 21 days. This includes all players / **spectators** / visitors to the ground.

Any participants who have been asked to isolate by NHS Test and Trace must not exercise outside of their own home or garden and must not exercise with others.

Participants should arrive changed and ready to play. There will be NO changing rooms available. There will be a screen off modesty area. Players **MUST** use this area when putting on thigh pads and boxes in Only one person in the structure at a time.

KIT BAGS to be stored outside of the boundary markers or in players vehicles

During the Game

Participants enter the site and prepare whilst maintaining social distancing.

Limit the sharing of equipment, but if you do share, practice strict hand hygiene.

No sweat or saliva is to be applied to the ball at any time. **DO NOT SPIT OR RINSE YOUR MOUTH**

Hand sanitiser to be used before play starts, at all breaks in activity and prior to any food or drinks being consumed

Cricket activity must take place outdoors only.

If it rains be prepared to get wet! Sit in your car if there is a possibility of play restarting. The clubhouse will **NOT** be open. There will be NO other inside or outside shelter at this ground.

NOTE for parents of juniors playing senior matches, you are asked to stay with your child for the duration of the match in case of rain and the need to shelter in vehicles. Young cricketers will NOT be permitted to shelter in other player's vehicles.

Additional advice for **match-play**:

Players to remain 2 meters socially distanced at all times (wicket keepers & slip fielders at 1m+).

Umpires are **not** to handle the ball at any point of the game, leaving it at the stumps during breaks.

Umpires should be responsible for the stumps closest to them and should be the **only** person replacing the bails if dislodged.

Batters to clean their bat when leaving the field of play.

Wicket Keepers to sanitise their gloves when they leave the field of play.

During competitive play, social distancing of 1+ meters is permissible where the **wicket keeper** stands up to the stumps

A 'hygiene break' should take place every six overs or every 20 minutes and should include hand sanitisation and the cleaning of the ball.

Bowlers should not hand anything to the umpire, put any jumpers / hats / caps on the boundary

Scorers will score from the marquee, socially distanced from each other. If players are scoring then they must not share pens, and wipe down any other equipment as they change over.

Social distancing must always be maintained including during **celebrations** and breaks.

The ball must be immediately returned to the bowler, not passed between players.

Batters are to run in distinct running lines to ensure they are not within 2m of the bowler or other batter. Lanes to be marked on the square.

Players and spectators **MUST** bring their own food and drinks. Remember to bring enough liquid to sustain you throughout the match, especially on hot days. The clubhouse will **NOT** be open. Water bottles or other refreshment containers should not be shared. **PLEASE DO NOT LEAVE RUBBISH FOR OTHER TO PICK UP**

Spectators should remain socially distanced at all times (2 metres for cricket environments except during the field of play then it's 1+ meter for wicket keepers and slip fielders).

Spectators must refrain from all contact with the ball e.g. returning it to the field of play.

Spectator groups must be restricted to groups of 6 and spread out in line wider UK Government guidance.

After Activity

Sanitise Hands.

Participants should exit whilst maintaining social distancing.

You must report to the club if you or anyone in your family experiences Covid-19 symptoms after you have taken part in any cricket activity wither at Stamford Road, Adbolton Lane or any other ground where you have been playing club games.

